ELEVATED EXPERIENCE IN CESIS

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RISEBA FAD



FOREWORD WHY ECO-RESORT STRATEGY?

By reason of the increasing number of environmental problems, nature as a resource achieves a crucial value. Due to globalization and technological progress, many people return to their roots and seek unity with nature. In this context, a was born the concept that combines the benefits for both nature and society based on nature potential of Cēsis.

URBAN

FOR PROVIDING ELEVATED **EXPERIENCE NATURALISTS**

HISTORICAL DIALOGUE BETWEEN **CENTER AND GAUJA PARK**

SUPPORTING ECOSYSTEM BIODIVERSITY



WHAT IN ECO-RESORT?



WHERE ECO-RESORT?

The rich territory of the forest is a potentially beneficial place for an eco-resort, a rich flora and fauna, picturesque landscapes and unique entertainment can attract guests and develop the tourism industry by expanding the program and unlocking the full potential of natural treasures.

RESORT IN CĒSIS? PRESENT OF TOURISM NATURE CONTEXT OF CĒSIS BALTIC CONTEXT

ECOLOGICAL GUIDELINES

RESEARCH

RESORT IN CĒSIS?

RESORT TOWN BENEFIT FOR CITY



Impact of tourism change different spheres of citizens, include the economic contribution of the industry to the local economy, changes in physical environment, as well as the influence of tourism on the social environment through the types of jobs that are available and common public spaces. Cities may seek to develop the tourism sector due to several benefits:

DEVELOPED INFRASTRUCTURE ECONOMIC GROWS INVESTMENTS NEW WORKPLACES

BENEFITS

ECO-SERVICES AS CONTEMPORARY RESORT REDEFINING OF "TOURIST" NATURALIST JOURNEY **BEST PRACTICE EXAMPLES**

PRESENT OF TOURISM

RESORT COMPONENTS:



INTELLIGENT INFRASTRUCTURE



SAFE NAVIGATION AND RESTRICTIONS



BENEFICIAL RESOURCE MANAGEMENT



SPORTS AND ACTIVITIES



BODY HEALING



MENTAL HEALTH CARE

ECO-SERVICES AS CONTEMPORARY RESORT

Massive concentrations of people in popular resort areas can no longer meet the needs of all therefore nature-based tourism with its "fresh" offer became one of the fastest growing directions of the global tourism industry. ECO-TOURISM is concerned on:

LOCALS

Ecotourism and Environmental Sustainability: Principles and Practice. Dr Jennifer Hill, Dr Tim Gale

DIRECT ENJOYMENT OF VIRGIN PURE NATURE RESPONSIBLE TRAVELING, WELL-BEING OF



REDEFINING OF "TOURIST"

NOMAD	In search of
WANDERER	Travels aiml
GUEST	Polite visito
EXPLORER	Adventurer,
NATURALIST	Nature lover

- fresh pasture for their livestock
- lessly
- or who respects local
- who explores unfamiliar
- er, looking for unity with it

NATURALIST JOURNEY



Animals exploration Manufacture activities Adventure Digital education _Sport activities Beauty treatment Mushrooming and fishing Spa procedures Body healing Observation

LJUBLJANA - SLOVENIA

WORLD LEADER IN ECO-TRAVEL AND HEALTH TOUR-ISM ACCORDING TO 2018 SUSTAINABLE DESTINA-TIONS TOP 100.

REYKJAVIK – ICELAND

GIVEN THE MASS TOURIST INFLUX, SUSTAINABILITY IS ON THE FOREFRONT OF ICELAND'S GOVERNMENT TO PRESERVE THE NATURAL TREASURE OF THE COUNTRY

OLEIROS - PORTUGAL

OLEIROS HAVE CONSERVATION PROJECTS OVER-SEEN BY THE INKATERRA ASOCIACION (ITA) INCLUD-ING THE STUDY OF FLORA AND FAUNA.

PORTLAND - USA

THE CITY IS FAMOUS FOR ITS PRESERVE NATURE PARKS ITS DISTINGUISHING FEATURE ENVIRON-MENTAL FRIENDLINESS.



BEST PRACTICE EXAMPLES

MAJOR PRINCIPLES OF SUSTAINABLE PRACTICE :

Zero waste resource use Electricity and natural gas for transportation Alternative methods of moving Balance between built and nature Preserve the natural treasure Renewable energy Greenhouse gas reduction Reduce visitors footprint Zero-carbon tourist accommodation Volunteering activities Support of local farmers and markets

NATURE CONTEXT OF CĒSIS

NATIONAL GAUJA PARK CĒSIS POTENTIAL



NATIONAL GAUJA PARK

The location in the center of the national park creates a unique opportunity to attract tourists to explore all the na-



CĒSIS POTENTIAL

Part of the park located in the city offers the potential for experience in eco resort, in close proximity to nature but

SARKANĀS CLIFFS AND RŪCAMAVOTS SPRING

- GAUJA SPRING
- GAUJA CAVE
- ZVANU CLIFFS

CĪRULĪŠU CLIFFS SPRING DZIDRAVOTS (RED) CAVE OF LĪGAVA

BALTIC CONTEXT

NEAREST RESORTS CITIES GREEN CITIES COMPETITION CONCLUSION



NEAREST RESORT CITIES

Among Lithuania, Latvia and Estonia, most cities with resort status are located on the coastline and use this geographical advantage; among the small green cities located far from the sea, only in Lithuania are those who have received resort status.

Druskininkai

SPORT

Bowling Žilvinas trail Bike path Ski Tennis Canoe Snow arena

Swimming pool Spa Medicine Aqua park

HEALTH

- N



Cēsis

SPORT	HEALTH
Bike path Nature trail Ski	Pension house
Tennis Rafting	The tourist flo
Paintball	posed services
	pensate lack o

CONCLUSION

ow is directly depending on the proes and activities, which could comof sea for example.

ECOLOGICAL GUIDELINES

NATURE AND HUMAN COOPERATION **URBAN "METABOLISM"** SUSTAIN GREEN CITY **TOOLS OF INFLUENCE**



SUSTAIN GREEN CITY

The shifts in metabolic flow create a series of indirect impacts on the city and destroy its natural lifecycle. Subsequently, these changes adversely affect the quality of human life. There are "forces," that have the potential to reshape city in order to protect "free" ecosystem services.

-WASTE DIVERSIONS -METABOLIC SUPPORT -HIGH QUALITY INPUTS -LINKING CITY AND FARMLAND

Toward the Green City: Biodigesters as a Catalyst for a New Urban Form by Carl S. Sterner and Lyle Solla-Yates





TOOLS OF INFLUENCE: AGRICULTURE

VEGETATION CULTIVATION

If agriculture is organic, does not disturb the water balance and soil microclimate and beings habitat, it even improves its health, state of vegetation and animals.

FARM KEEPING

The farms produce local eco-friendly products that also provide local incomes. Animals are source of natural fertilizer products for sustainable agriculture.

BIODIVERSITY SUPPORT

Some natural components is under the threat of extinction in order to maintain biodiversity people create protected and reserved areas. Maintain a population of certain species in human power.

TOOLS OF INFLUENCE: LANDSCAPE

WATER WASTE MANAGEMENT AND WETLAND PROTECTION

Wetlands are treatment systems that use natural processes involving vegetation, soils, and their associated microbial assemblages to improve water quality.

ELEVATED HOUSING AND FOOTPRINT REDUCTION

Raised houses allow to ventilate the area below it grow plants under it as well as for non-blocked passage of animals.

GREEN BUILDING STRUCTURES AS CONTINUES LANDSCAPE

Green wall or vertical landscape design and rooftop garden provides various critical green services for a building including water efficiency and as well as refuge for the little beings.

SPATIAL SCENARIO: NATURALIST **ECO RESORT CESIS**

CĒSIS: MAIN FACTS DEFINING POTENTIAL SWOT **SPATIAL VISION** PROGRAM

BLUE- GREEN ENVIRONMENT BUILT ENVIRONMENT DISTRIBUTION OF LAND USE FUNCTIONS VISITOR'S FACILITIES MOBILITY: TRANSPORTATION ROUTES CITY AND STATE PROPERTY TERRITORIES

CĒSIS : MAIN FACTS DEFINING POTENTIAL

STRENGTH

LOCATION IN THE NATIONAL GAUJA PARK RICH NATIONAL PARK ECOSYSTEM CASTLE LANDMARK IN THE CITY CENTER EXISTING SKI RESORT PRESENT DEVELOPMENT

WEAKNESS

SEASONALITY OF PROGRAM SHORT STAY PROGRAM IS NOT INTERESTING FOR LONGER TIME LACK OF PLACE MAKING IN THE NATURE AREA SENSIBILITY OF NATURE FOR HUMAN INTERVENTION

OPPORTUNITY

GAUJA ACTIVITIES EXPANSION AND DEVELOPMENT ACTIVITIES BASED ON BIODIVERSITY OF ECOSYSTEM EXPANSION OF PLACEMAKING OBJECTS AND ACTIVITIES RECREATIONAL SPA RESORT USE EXISTING DEVELOPMENT AS STARTING POINT

THREAT

UNKNOWN THEREFORE UNUSED FACILITIES MASS INFLUX OF TOURIST INTO NATURE NON-UNIFORMLY DISTRIBUTED LOAD ON CITY AND ACCESSIBILITY REDUCTION OF NATURE RESOURCES

SWOT ANALYSIS





Agriculture can act as a mediator between the urban and the rural, serving people and supporting the natal environment at once, sport and education activities will complement the naturalist journey in an intelligent way.

SPATIAL VISION

REEVALUATION OF ZONING SHIFT OF ATTENTION CREATE DIALOGUE INTELLIGENT EXPANSION PROGRAM BALANCE



REEVALUATION OF ZONING



SHIFT OF ATTENTION

Expand visitor's journey into nature and open full potential in the area for elevated experience.



FOREST

- RESORT DIRECTION DEVELOPMENT
- POSSIBLE RESORT AREA
 - TRANSPORT AXIS OF DIVISION
 - CITY BOUNDARIES



CREATE DIALOGUE





PROGRAM BALANCE

Balance of activities serving for each other creates one nature based eco-resort.



- ELEVATED EXPERIENCES
- FOREST
 - TRANSPORT AXIS OF DIVISION
 - CITY BOUNDARIES





PROGRAM

Places provide the opportunity to learn new experiences to immerse and elevate via it si-

> SOCIAL ENERGY FLAVOR OF NATURE FOREST MEDITATION **GAUJA NARRATION RESORT UNITY**



Place which strive to unite variety of people with different interests, to the already planned play and entertainment near the center space a place is added for sport events near tennis court, thus the main branches of Cīrulīši are mixed in one and the public park.

SOCIAL ENERGY



PLAY

SPORT

REST



It is in the public places of cities, its squares and streets accessible to all of the city's inhabitants, that all can see and hear each other. Here, persons different from one another, and present in public places for diverse purposes can come together.

The new space exploration center expands the existing sports program of the area, the expansion of the planned park on the territory of tennis courts has the desire to unite sports and science, visitors who came to the exploration center and then went in for sports and the athlete who went to learn space after training.



http://www.livablecities.org/articles/public-realm-and-good-city#_edn4






Planned public space near to space exploration center expansion in direction of tennis courts, both for locals and visitors has intention to become a link between people and activities.



Integration of tennis court covering for winter season . Themed sport events has an aim of promotion for wider circles.





QUALITY PUBLIC PLACE SOCIAL UNITY EXPERIENCE SHARING NON-SEASONALITY

BENEFIT OF THE PLACE:



Monetizing rural activities and providing healthy gastro experience for visitors supporting local farmers by organized short term market festivals. Visitors become open for full immersion with nature, tastes and smells in the meadow surrounded by extensive apple garden.



FLAVOR OF NATURE

VEGATABLES MUSHROOMS HERBS HONEY MILK EGGS MEAT



Agriculture supplies all four major categories of ecosystem services – provisioning, regulating, habitat and cultural services – while it also demands supporting services that enable it to be productive. In many cases tracing the interrelationships between agriculture and ecosystem services is fairly direct, as when pollinators increase agricultural crop yields.

There is an issue to establish marketing of agricultural and farming products, involve people for the overall maintenance of natural treasure.





FARMING IN VIDZEME REGION

"JAUNBOMJI"-CULTIVATION

GRAPES CULTIVATION "VERY BERRY"-CULTIVATION "JAUNJERCĒNI"-ANIMALS FARM "SVITKAS"-CULTIVATION "DZINTARLĀSE"-BEE FARM "LEJAS"-BEE FARM

"ZAĶĪŠI"-ANIMALS FARM "KALNA SMĪDES"-BEE FARM "LEJAS KAĻĻI"-ANIMALS FARM "AMATAS MELLENES"-BERRY CULTIVATION

"OZOLIŅI"-HERBS CULTIVATION







Existing garden become public and open all the beauty of agriculture open up flavors of nature for everyone, temporary market place organized ones a month introduce the place for people and provide gastro experience.

GASTRO EXPERIENCE

96 | 97

Winter garden provides experience of phytotherapy and tea ceremonies with full nature immersion, open public space claims to develop social contact between locals and guests.

HERBAL THERAPY

98 | 99





QUALITY PUBLIC PLACE GASTRO EXPERIENCE FARMERS SUPPORT MENTAL THERAPY

NON-SEASONALITY

BENEFIT OF THE PLACE:





MILK HONEY BEER HAY CLAY LEECH **SNAIL**



Have beneficial effects on the human body – it helps to relax your muscles, regenerates your skin, and stimulates your metabolism. The body begins to sweat intensely opening and cleansing the pores.

Spa procedures based on natural local products help cleanse the body of toxins and improve the functioning of the immune system, components could be produced on place with beneficial impact for nature.









Camping places among trees in proximity to walkway near gauja river looking for beaver footprint, natural spa experience events for the full dissolution.



Elevated housing provides an experience of meditation among green clouds of trees. orientation of housing in landscape cares about privacy and convenience.

114 | 115 **GREEN CLOUD MEDITATION**





QUALITY PERSONAL PLACE ECO-SPA EXPERIENCE MENTAL THERAPY NATURE DISSOLUTION NON-SEASONALITY

BENEFIT OF THE PLACE:





Contemporary and interactive way of gathering new knowledge about nature and its habitants, integration of nature and technologies supported by impact tourism for sustainable resort. Expanding of school program of nature science.



GAUJA NARRATION

EXPLORATION IN GAUJA PARK



LEISURE CENTER "MĀRKULĪČI" HUNTING SCHOOL

ĀRAŠU ARCHAEOLOGICAL MUSEUM FISHING MUSEUM AND OBSERVATION LĪGATNĒ OBSERVATION TOWER

KRIMULDA OBSERVATION TOWER TOWER OF COURAGE VELLS PEDESTRIAN OBSERVATION BRIDGE "TARZĀNS"ACTIVE TRAIL



DIGITAL EDUCATION

AUGMENTED REALITY

NATURE Sounds





Traditional methods of education as we know it are becoming a thing of the past. They are becoming increasingly digitized, and being driven by technology innovations.

Augmented reality in education can serve a number of purposes. It helps the students easily acquire, process, and remember the information. Additionally, AR makes learning itself more engaging and fun.

It is also not limited to a single age group or level of education, and can be used equally well in all levels of schooling; from pre-school education up to college, or even at work.





https://www.fastcompany.com/3066325/a-digital-exploration-of-natures-beautiful-melancholy-sounds







The observation tower open picturesque views, vegetation diversity elevate you to the cloudscapes. bridge is not only path through the river but educational platform combined with augmented reality: tower show the birds and lest hear them, in the night star observation spot, bridge talks about fish and amphibians inhabitants. 132 | 133

ASCENDING TO STARS



Viewing terrace introduce biotopes and provide rest places, and closed auditorium frames image of forest inhabitants via augmented reality. all the facilities are aimed to work together with school nature sciences education programs.

134 | 135

LEARNING VIA IMMERSION



BENEFIT OF THE PLACE:

INTERACTIVE EDUCATION NATURE IMMERSION PLATFORM FOR DEVELOPMENT MOBILITY CONNECTION



RESORT UNITY













GATHERING THROUGH SPORT

ENERGY RECOVERY

SOCIAL IMMERSION





144 | 145

HERBAL THERAPY

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146 | 147

GREEN CLOUD MEDITATION

ASCENDING TO STARS

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148 | 149

SKY ASPIRATION

